Man’s greatest concern is to know how he shall properly fill his place in the universe and correctly understand what he must be in order to be a man.

Immanuel Kant
Metagapism is the belief that love is the ultimate reality, literally god and the one shared soul, and the source, nature and destiny of all. Metagapism is the reason for everything—the only real answer to Why?

Love is the supreme spirit throughout the universe. God is love. Soul is love. Only love is divine and eternal. Through love we create our own meaning of life, our own heaven and hell. We are born with love and we pass with varying amounts. Our love comes from and reunites us with god. Our love is forever.
Love is the answer to the most important questions. Wisdom is more than knowledge. Enlightenment is more than wisdom. Faith in love is justified as any first principle, axiom, or accepted paradox. Simple, yet infinitely profound, supremely transcendent, yet intimately immanent it is all combined pure love.

Love is real. Love is personal. Love is supreme. Love is peace, freedom, success, meaning, connection, truth, and eternal life. Love gives life meaning, purpose, reason, value, answers, direction, cause, intention, justification, motive, peace, success, direction, hope, faith, love, existence, essence, freedom, divinity, salvation, harmony, consciousness, reality, spirituality, truth, knowledge, oneness, connection, enlightenment, aspiration, inspiration, passion, depth, vision, growth, strength, purity, energy, power, soul, self, nature, paradox, emotion, virtue, spirit, heart, beauty, morality, ethics, transcendence, good, everything, perfection, eternity, joy, compassion, life ...

Love is the answer.

There is something bigger throughout the universe. It is a supreme spirit that also constitutes our souls, therefore, giving us a connectedness. It is the reality of reason. It is love. God is love. Love always was and will always be. The challenge for us is applying love to our lives, finding the way.
Ultimately love is everything.

M. Scott Peck
**Metagapism:** Philosophical system based upon love.

**Three Levels of Love:** Philosophy of love.
- **Love for Self:** Aesthetics & pleasure.
- **Love for Others:** Ethics & virtue.
- **Love for All Love:** Metaphysics & spirituality.

**Agapism:** Love is the reason for creation.

**Process:** Everything is process.

**Metagapetheism:** God/all love & universe are part of each other.

**Panagapetheism:** God is all love.

**Agapetheism:** God is love.

**Merotheism:** God & universe are part of each other.

**Metagapsychism:** Soul is love, divine & shared.

**Agapsychism:** Soul is love.

**Monoteopsychism:** Soul is divine & shared.
- **Monopsychism:** Soul is shared.
- **Theopsychism:** Soul is divine.

**Syncretism:** Unification of beliefs.

**Life:** Many paths
- **Philosophy:** Think & understand with the brain.
- **Religion:** Practice & share with the body.
- **Spirituality:** Feel & live with the heart.
- **Afterlife:** Eternal, recombine & nothingness.

*New terminology.*
There are many paths to the same truth. It is a common thread between the world’s religions, diverse spiritual beliefs, including atheistic and agnostic philosophies. Tradition, semantics, apathy, ignorance, and evil hide this fact, but it is there. We can come together when the supreme spirit of the universe is understood as the profoundly simple and pure reality: love.

Beware of the symbols of truth replacing the truth. Beware of what is revealed elsewhere from authority. Paradox may make logic less important in determining the truth, but wisdom and good sense are always in order, as is cautious and careful discernment.
You are ninety-eight cents’ worth of cosmic star dust floating at the obscure edge of an ordinary galaxy, and yet you are the center of your own world; to friends and family, you may be precious beyond all worth. On one day, humanity seems the apex of all things beautiful, generous, mindful; another day, it seems a stupid beast.

K. C. Cole

People see the world not as it is, but as they are.

Al Lee

Let us not worry About the future. Let us only do the right thing Today, At this moment, Here and now. Let the future take care of itself.

Sri Chinmoy

Everything passes. Everything changes. Just do what you think you should do.

Bob Dylan

Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you.

Carl Sandberg

No one succeeds without effort ... Those who succeed owe their success to perseverance.

Sai Baba of Shirdi

Man can acquire accomplishments or he can become an animal, whichever he wants. God makes the animals, man makes himself.

Alfred North Whitehead
Science is what you know. Philosophy is what you don’t know.

Bertrand Russell
Rightly defined philosophy is simply the love of wisdom.

Marcus T. Cicero

Philosophy is the product of wonder.

Alfred North Whitehead

The pursuit of what is true and the practice of what is good are the two most important objects of philosophy.

Voltaire

The guiding motto in the life of every natural philosopher should be, seek simplicity and distrust it.

Alfred North Whitehead

The ultimate triumph of philosophy would be to cast light upon the mysterious ways in which Providence moves to achieve the designs it has for man.

Marquis de Sade

How very paltry and limited the normal human intellect is, and how little lucidity there is in the human consciousness, may be judged from the fact that, despite the ephemeral brevity of human life, the uncertainty of our existence and the countless enigmas which press upon us from all sides, everyone does not continually and ceaselessly philosophize, but that only the rarest of exceptions do.

Arthur Schopenhauer
A serious and good philosophical work could be written consisting entirely of jokes.

Ludwig Wittgenstein

Tell me what gives a man or woman their greatest pleasure and I’ll tell you their philosophy of life.

Dale Carnegie

Ordinary people seem not to realize that those who really apply themselves in the right way to philosophy are directly and of their own accord preparing themselves for dying and death.

Socrates

There is no record in history of a happy philosopher.

H. L. Mencken

Philosophy! Empty thinking by ignorant conceited men who think they can digest without eating!

Iris Murdoch

Philosophy stands in the same relation to the study of the actual world as masturbation to sexual love.

Karl Marx

The philosophers have only interpreted the world in various ways; the point, however, is to change it.

Karl Marx
Philosophy is not a theory but an activity.

Ludwig Wittgenstein

To have no time for philosophy is to be a true philosopher.

Blaise Pascal

The philosopher is Nature’s pilot. And there you have our difference: to be in hell is to drift:
to be in heaven is to steer.

George Bernard Shaw

We are who we choose to be.

Green Goblin

The real discovery is the one which enables me to stop doing philosophy when I want to.—
The one that gives philosophy peace, so that it is no longer tormented by questions which
bring itself into question.

Ludwig Wittgenstein
To be a philosopher is not merely to have subtle thoughts, nor even to found a school, but so to love wisdom as to live according to its dictates a life of simplicity, independence, magnanimity, and trust. It is to solve some of the problems of life, not only theoretically, but practically.

Henry David Thoreau
Religion is the state of being grasped by an ultimate concern, a concern which qualifies all other concerns as preliminary and which itself contains the answer to the question of a meaning of our life.

Paul Tillich
Don't try to tear down other people's religion about their ears. Build up your own perfect structure of truth, and invite your listeners to enter in and enjoy it's glories.

Brigham Young
All religions may be correct in their base beliefs, just differing in the way they explain the details. There are different paths to the same truth. Religion can be personal, intimate, and uniquely lived and celebrated. If everyone truly understood and lived with love, our lives would serve as our religion.

Religion is good where it makes love the priority. Not only all the world’s faiths, but the non-religious as well can come together when the supreme spirit of the universe is understood as the profoundly simple and pure reality: love.
Religion is doing; a man does not merely think his religion or feel it, he lives his religion as much as he is able, otherwise it is not religion but fantasy or philosophy.

George Gurdjieff

Too many intellectuals look down on religion and think it will go away. God is not going to go away. There are far more religious people in the world today than when I was born.

Charles Hartshorne

Every religion is good that teaches man to be good; and I know of none that instructs him to be bad.

Thomas Paine

Nobody can deny but religion is a comfort to the distressed, a cordial to the sick, and sometimes a restraint on the wicked; therefore whoever would argue or laugh it out of the world without giving some equivalent for it ought to be treated as a common enemy.

Lady Mary Wortle Montagu

Religion is love; in no case is it logic.

Beatrice Potter Webb

The theme of Cosmology, which is the basis of all religions, is the story of the dynamic effort of the World passing into everlasting unity, and of the static majesty of God’s vision, accomplishing its purpose of completion by absorption of the World’s multiplicity of effort.

Alfred North Whitehead
Religion is not about accepting twenty impossible propositions before breakfast, but about doing things that change you. It is a moral aesthetic, an ethical alchemy. If you behave in a certain way, you will be transformed. The myths and laws of religion are not true because they conform to some metaphysical, scientific or historical reality but because they are life enhancing. They tell you how human nature functions, but you will not discover their truth unless you apply these myths and doctrines to your own life and put them into practice.

Karen Armstrong

♥

Sincerity is the biggest part of selling anything—including the Christian plan of salvation.

Billy Graham

♥

Love is my religion.

Ziggy Marley

♥

If the only thing wrong with Moses is that he's not yours; if the only thing wrong with Jesus is that he's not yours; if the only thing wrong with mosques, Lent, chanting, Mecca, Buddha, confession, or reincarnation is that they're not yours—well, maybe the problem is you.

Mitch Albom

♥

The essence of any religion lies solely in the answer to the question: why do I exist, and what is my relationship to the infinite universe that surrounds me?

Leo Tolstoy
I came to the conclusion long ago that all religions were true and that also that all had some error in them, and while I hold by my own religion, I should hold other religions as dear as Hinduism. So we can only pray, if we were Hindus, not that a Christian should become a Hindu; but our innermost prayer should be that a Hindu should become a better Hindu, a Muslim a better Muslim, and a Christian a better Christian.

Mahatma Gandhi
Divisions don’t exist in the real sense. Only intolerance deserves intolerance.
Now there is a final reason I think that Jesus says, "Love your enemies." It is this: that love has within it a redemptive power. And there is a power there that eventually transforms individuals. Just keep being friendly to that person. Just keep loving them, and they can’t stand it too long. Oh, they react in many ways in the beginning. They react with guilt feelings, and sometimes they’ll hate you a little more at that transition period, but just keep loving them. And by the power of your love they will break down under the load. That’s love, you see. It is redemptive, and this is why Jesus says love. There’s something about love that builds up and is creative. There is something about hate that tears down and is destructive. So love your enemies.

Martin Luther King, Jr.
In Works of Love (1847), Søren Kierkegaard, claimed that Christianity is unique because love is a requirement.

Wikipedia
I challenge anyone to understand Islam, its spirit, and not to love it. It is a beautiful religion of brotherhood and devotion.

Yann Martel
If I were asked to define the Hindu creed, I should simply say: Search after truth through non-violent means. A man may not believe in God and still call himself a Hindu. Hinduism is a relentless pursuit after truth ... Hinduism is the religion of truth. Truth is God. Denial of God we have known. Denial of truth we have not known.

Mahatma Gandhi
The secret of Buddhism is to remove all ideas, all concepts, in order for the truth to have a chance to penetrate, to reveal itself.

Thich Nhat Hanh
There are no two hours alike. Every hour is unique and the only one given at the moment, exclusive and endlessly precious. Judaism teaches us to be attached to holiness in time; to learn how to consecrate sanctuaries that emerge from the magnificent stream of a year.

Abraham Joshua Heschel

Do you really want to be happy? You can begin by being appreciative of who you are and what you’ve got.

Benjamin Hoff

The Universalists believe that God is too good to damn, while the Unitarians believe that (humanity) is too good to be damned by God.

Thomas Starr King

May the warm winds of heaven blow softly upon your house. May the Great Spirit bless all who enter there. May your moccasins make happy tracks in many snows, and may the rainbow always touch your shoulder.

Cherokee Blessing

We are not evil. We don’t harm or seduce people. We are not dangerous. We are ordinary people like you. We have families, jobs, hopes, and dreams. We are not a cult. This religion is not a joke. We are not what you think we are from looking at T.V. We are real. We laugh, we cry. We are serious. We have a sense of humor. You don’t have to be afraid of us. We don’t want to convert you. And please don’t try to convert us. Just give us the same right we give you—to live in peace. We are much more similar to you than you think.

Margot Adler
A wee child toddling in a wonder world, I prefer to their dogma my excursions into the natural gardens where the voice of the Great Spirit is heard in the twittering of birds, the rippling of mighty waters, and the sweet breathing of flowers. If this is Paganism, then at present, at least, I am a Pagan.

Zitkala-Sa
There is no need for temples, no need for complicated philosophies. My brain and my heart are my temples; my philosophy is kindness.

Dalai Lama
A spiritual organization with a hierarchical structure can convey only the consciousness of estrangement, regardless of what teachings or deep inspirations are at its root. The structure itself reinforces the idea that some people are inherently more worthy than others.

Starhawk
When I do good, I feel good. When I do bad, I feel bad. That's my religion.

Abraham Lincoln

Those who write Christian theologies have often not placed love and its implications at the center of their work. (cites George Newlands as making this point in Newlands’ book, Theology of the Love of God.)

Thomas Jay Oord

Going to church doesn’t make you a Christian any more than going to the garage makes you a car.

Laurence J. Peter

The total absence of humor from the Bible is one of the most singular things in all literature.

Alfred North Whitehead

Jerry Landers: I don’t even go to any church!

God: Neither do I.

Oh, God!

Religion. It’s given people hope in a world torn apart by religion.

Jon Stewart
I never knew how to worship until I knew how to love.

Henry Ward Beecher

♥

What we need is to make a renewed attempt to worship the objective of God, not our forefathers’ doctrines about him.

Charles Hartshorne

♥

Pure love is a willingness to give without a thought of receiving anything in return.

Peace Pilgrim

Like any important aspect in one’s life, it’s entirely appropriate to take the time to recognize, appreciate, honor, help others, and teach your fundamental values, but worship is antiquated. God is infinitely beyond any need for worship. Worshipping an all-powerful, all-knowing, and all-present god is like the cave man believing in the sun god. A truly supreme god does not need nor does not want to be worshipped. A truly supreme god isn’t about recognition, control, power, and coercion. The god of reality is about love and freedom.
Rituals involving beautiful and sensual symbolism are a meaningful way to celebrate spiritual values. Take caution to avoid confusing the symbolic objects and actions with the objects they are intended to represent.
Religion is the last refuge of human savagery.

Alfred North Whitehead

To become a popular religion, it is only necessary for a superstition to enslave a philosophy.

William Ralph Inge

Religion is an illusion, and it derives its strength from its readiness to fit in with our instinctual wishful impulses.

Sigmund Freud

The death of dogma is the birth of morality.

Immanuel Kant

Religion, which should most distinguish us from the beasts, and ought most particularly elevate us, as rational creatures, above brutes, is that wherein men often appear most irrational, and more senseless than beasts.

John Locke

... the doctrinal differences between Hinduism and Buddhism and Taoism are not anywhere near as important as doctrinal differences among Christianity and Islam and Judaism. Holy wars are not fought over them because verbalized statements about reality are never presumed to be reality itself.

Robert M. Pirsig
All gods are one. There is no difference between a Hindu and a Muslim. Mosque and temple are the same.

Sai Baba of Shirdi
To love another person is to see the face of God.

Victor Hugo

♥

All the religions of the world, while they may differ in other respects, unitedly proclaim that nothing lives in this world but Truth.

Mahatma Gandhi

♥

The essence of all religions is one. Only their approaches are different.

Mahatma Gandhi

♥

There is only one religion, though there are a hundred versions of it.

George Bernard Shaw

♥

Only by love can men see me, and know me, and come unto me.

Krishna

♥

You must love the Lord your God with all your heart, all your soul, and all your mind.’ This is the first and greatest commandment. A second is equally important: ‘Love your neighbor as yourself.’ The entire law and all the demands of the prophets are based on these two commandments.

Jesus

♥

Toleration is the best religion.

Victor Hugo
Mysticism

A religious experience (sometimes known as a spiritual experience, sacred experience, or mystical experience) is a subjective experience in which an individual reports contact with a transcendent reality, an encounter or union with the divine. Such an experience often involves arriving at some knowledge or insight previously unavailable to the subject yet unaccountable or unforeseeable according to the usual conceptual or psychological framework within which the subject has been used to operating. Religious experience generally brings understanding, partial or complete, of issues of a fundamental character that may have been a cause (whether consciously acknowledged or not) of anguish or alienation to the subject for an extended period of time. This may be experienced as a form of healing, enlightenment or conversion. Mysticism arose via Platonism and Neoplatonism; dualistic, maintaining a distinction between the self and the divine, or nondualistic.

Wikipedia
Fanaa is the Sufi term for extinction. It means to annihilate the self, while remaining physically alive. Persons having entered this state are said to have no existence outside of, and be in complete unity with, Allah. Fanaa is equivalent to the concept of nirvana in Buddhism, Sikhism and Hinduism or moksha in Hinduism which also aim for annihilation of the self or mukhti in Sikhism.

Wikipedia

♥

The eye through which I see God is the same eye through which God sees me; my eye and God’s eye are one eye, one seeing, one knowing, one love.

Meister Eckhart

♥

Mystical explanations are considered deep. The truth is that they are not even superficial.

Friedrich Nietzsche

♥

Those who don’t believe in magic will never find it.

Roald Dahl

♥

The most beautiful thing we can experience is the mysterious. It is the source of all true art and science. He to whom the emotion is a stranger, who can no longer pause to wonder and stand wrapped in awe, is as good as dead—his eyes are closed. The insight into the mystery of life, coupled though it be with fear, has also given rise to religion. To know what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty, which our dull faculties can comprehend only in their most primitive forms—this knowledge, this feeling is at the center of true religiousness.

Albert Einstein
SPIRITUALITY

The illusion is we are only physical.

Vanna Bonta
Where there is charity and wisdom, there is neither fear nor ignorance. Where there is patience and humility, there is neither anger nor vexation. Where there is poverty and joy, there is neither greed nor avarice. Where there is peace and meditation, there is neither anxiety nor doubt.

Saint Francis of Assisi
Science is not only compatible with spirituality; it is a profound source of spirituality. When we recognize our place in an immensity of light-years and in the passage of ages, when we grasp the intricacy, beauty, and subtlety of life, then that soaring feeling, that sense of elation and humility combined, is surely spiritual. So are our emotions in the presence of great art or music or literature, or acts of exemplary selfless courage such as those of Mohandas Gandhi or Martin Luther King, Jr. The notion that science and spirituality are somehow mutually exclusive does a disservice to both.

Carl Sagan
Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it.

Rumi

Let yourself be drawn by the stronger pull of that which you truly love.

Rumi

The new spirituality is that it will produce an experience in human encounters in which we become a living demonstration of the basic spiritual teaching 'We are all one.'

Neale Donald Walsch

Only when it is dark enough, can you see the stars.

Martin Luther King, Jr.

I have a much wider, freer view about spirituality. I feel that people need to pursue it on their own, personally. You know, let it be theirs—a personal relationship with their soul, or their God, or with their church.

Peter Jurasik

Light, Life and Love are like three glow-worms at thy feet: the whole universe of stars, the dewdrops on the grass whereon thou walkest!

Aleister Crowley

In order to experience everyday spirituality, we need to remember that we are spiritual beings spending some time in a human body.

Barbara De Angelis
Everyone who wills can hear the inner voice. It is within everyone.

Mahatma Gandhi

We can no more do without spirituality than we can do without food, shelter, or clothing.

Ernest Holmes

You do not need to work to become spiritual. You are spiritual; you need only to remember that fact. Spirit is within you. God is within you.

Julia Cameron

Life and Jah are one in the same. Jah is the gift of existence. I am in some way eternal, I will never be duplicated. The singularity of every man and woman is Jah’s gift. What we struggle to make of it is our sole gift to Jah. The process of what that struggle becomes, in time, the Truth.

Bob Marley

The map is not the territory.

Alfred Korzybski

Knock, And He'll open the door
Vanish, And He'll make you shine like the sun
Fall, And He'll raise you to the heavens
Become nothing, And He'll turn you into everything.

Rumi
Lord, make me an instrument of thy peace.
Where there is hatred, let me sow love,
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
And where there is sadness, joy.

O Divine Master,
grant that I may not so much seek to be consoled as to console,
to be understood as to understand,
to be loved, as to love.
For it is in giving that we receive,
It is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.

Saint Francis of Assisi

I think we’re intrinsically spiritual. We’re spiritual beings in a physical universe and we
are here to make a spiritual contribution.

Mark Victor Hansen

Spirituality is recognizing and celebrating that we are all inextricably connected to each
other by a power greater than all of us, and that our connection to that power and to one
another is grounded in love and compassion. Practicing spirituality brings a sense of
perspective, meaning and purpose to our lives.

Brené Brown
Understanding the physiological and neurological features of spiritual experiences should not be interpreted as an attempt to discredit their reality or explain them away. Rather, it demonstrates their physical existence as a fundamental, shared part of human nature. Spiritual experiences cannot be considered irrational, since we have seen that, given their physiological basis, experiencers' descriptions of them are perfectly rational ... All human perceptions of material reality can ultimately be documented as chemical reactions in our neurobiology; all our sensations, thoughts, and memories are ultimately reducible to chemistry, yet we feel no need to deny the existence of the material world; it is not less real because our perceptions of it are biologically based ... It is not rational to assume that the spiritual reality of core experiences is any less real than the more scientifically documentable material reality.

Sabina Magliocco

As you simplify your life, the laws of the universe will be simpler; solitude will not be solitude, poverty will not be poverty, nor weakness weakness.

Henry David Thoreau

Agape doesn’t love somebody because they’re worthy. Agape makes them worthy by the strength and power of its love. Agape doesn’t love somebody because they’re beautiful. Agape loves in such a way that it makes them beautiful.

Rob Bell
I honor the place in you where the entire universe dwells. I honor the place in you which is of love, of truth, of light, and of peace. I honor the place in you where, if you are in that place of you, and I am in that place in me, there is only one of us.

Ram Dass

Spirituality is love; love is connection; connection is peace and awareness, a paradox.
It is not enough that one surrenders oneself. Surrender is to give oneself up to the original cause of one’s being. Do not delude yourself by imagining such a source to be some God outside you. One’s source is within oneself. Give yourself up to it. That means that you should seek the source and merge in it.

Sai Baba of Shirdi
Approximately 13.7 billion years ago the universe was “an atom of an atom” that consisted of everything that exists now. Matter came from energy or particles of force called bosons, which have the quantum ability of existing at the same exact space with other bosons. Everything was one and is still connected. Other types of connection include self, others, humanity, life, nature, cosmos, divinity, good, choice, relativity, void, peace, truth, and love.
There is no limit to the power of loving.

John Morton
Love’s greatest gift is its ability to make everything it touches sacred.

Barbara De Angelis
There are no random acts ... We are all connected ... You can no more separate one life from another than you can separate a breeze from the wind ...

Mitch Albom
Only from the heart can you touch the sky.

Rumi

If you could only love enough, you could be the most powerful person in the world.

Emmet Fox

Everyone has inside of him a piece of good news. The good news is that you don't know how great you can be! How much you can love! What you can accomplish! And what your potential is!

Anne Frank

The earth does not belong to man, man belongs to the earth. All things are connected like the blood that unites us all. Man did not weave the web of life, he is merely a strand in it. Whatever he does to the web, he does to himself.

Chief Seattle

We are all blessed ones. Heaven is no longer in the clouds. It is right here, all around us, everywhere; we must only open our eyes to see it.

Kim Chestney
There is no way to peace. Peace is the way.

A. J. Muste
When you're finally up on the moon, looking back at the earth, all these differences and nationalistic traits are pretty well going to blend and you're going to get a concept that maybe this is really one world and why the hell can't we learn to live together like decent people?

Frank Borman
The first peace, which is the most important, is that which comes from within the souls of men when they realize their relationship, their oneness, with the universe and all its powers, and when they realize that at the center of the universe dwells Wakan-Tanka, and that this center is really everywhere, it is within each of us. This is the real peace, and the others are but reflections of this. The second peace is that which is made between two individuals, and the third is that which is made between two nations. But above all you should understand that there can never be peace between nations until there is first known that true peace which is within the souls of men.

Black Elk

♥

How can we live in harmony? First we need to know we are all madly in love with the same God.

Saint Thomas Aquinas

♥

Harmony is one phase of the law whose spiritual expression is love.

James Allen

♥

Nothing real can be threatened. Nothing unreal exists. Herein lies the peace of God.

A Course In Miracles

♥

But who prays for Satan? Who, in eighteen centuries, has had the common humanity to pray for the one sinner that needed it most?

Mark Twain
Inner peace can be reached only when we practice forgiveness. Forgiveness is letting go of the past, and is therefore the means for correcting our misperceptions.

Gerald G. Jampolsky
A mind that is fast is sick. A mind that is slow is sound. A mind that is still is divine.

Meher Baba

In moderating, not satisfying desires, lies peace.

Ben Hecht

I would like to invite the populace to look within, to a place where they are peaceful and they're in a peaceful universe.

Ram Dass

A mind at peace, a mind centered and not focused on harming others, is stronger than any physical force in the universe.

Wayne Dyer

He who lives in harmony with himself lives in harmony with the universe.

Marcus Aurelius

To the mind that is still, the whole universe surrenders.

Lao-Tzu
I have found the paradox, that if you love until it hurts, there can be no more hurt, only more love.

Mother Teresa
God has marvelous ways of taking our worst tragedies and turning them into His most glorious triumphs.

Joseph Stowell
Outside, the ocean was crashing, waves hitting sand, then pulling back to sea. I thought of everything being washed away, again and again. We make such messes in this life, both accidentally and on purpose. But wiping the surface clean doesn’t really make anything neater. It just masks what is below. It’s only when you really dig down deep, go underground, that you can see who you really are.

Sarah Dessen
Learn to see things as they really are, not as we imagine they are.

Vernon Howard
I know that love is ultimately the only answer to mankind’s problems. And I’m going to talk about it everywhere I go.

**Martin Luther King, Jr.**

♥

The solutions all are simple—after you have arrived at them. But they're simple only when you know already what they are.

**Robert M. Pirsig**

♥

When we shift our awareness or "frequency" from self-consciousness—where fear, impossibility or feelings of separation reside—to cosmic consciousness, which is in total harmony with the universe and where none of those feelings exist, then anything is possible.

**Rhonda Byrne**

♥

I met in the street a very poor young man who was in love. His hat was old, his coat worn, his cloak was out at the elbows, the water passed through his shoes—and the stars through his soul.

**Victor Hugo**

♥

I have always noticed that deeply and truly religious persons are fond of a joke, and I am suspicious of those who aren’t.

**Alfred North Whitehead**

♥

If your happiness depends on what somebody else does, I guess you do have a problem.

**Richard Bach**
Sometimes fate is like a small sandstorm that keeps changing directions. You change direction but the sandstorm chases you. You turn again, but the storm adjusts. Over and over you play this out, like some ominous dance with death just before dawn. Why?

Because this storm isn’t something that blew in from far away, something that has nothing to do with you. This storm is you. Something inside of you. So all you can do is give in to it, step right inside the storm, closing your eyes and plugging up your ears so the sand doesn’t get in, and walk through it, step by step. There’s no sun there, no moon, no direction, no sense of time. Just fine white sand swirling up into the sky like pulverized bones. That’s the kind of sandstorm you need to imagine. And you really will have to make it through that violent, metaphysical, symbolic storm. No matter how metaphysical or symbolic it might be, make no mistake about it: it will cut through flesh like a thousand razor blades. People will bleed there, and you will bleed too. Hot, red blood. You’ll catch that blood in your hands, your own blood and the blood of others. And once the storm is over you won’t remember how you made it through, how you managed to survive. You won’t even be sure, in fact, whether the storm is really over. But one thing is certain. When you come out of the storm you won’t be the same person who walked in. That’s what this storm’s all about.

Haruki Murakami

... the Kingdom of God is inside you, and it is outside of you. When you come to know yourselves, then you will become known, and you will realize that it is you who are the sons of the living Father. But if you will not know yourselves, you dwell in poverty, and it is you who are that poverty.

Gospel According to Thomas
Wisdom is your perspective on life, your sense of balance, your understanding of how the various parts and principles apply and relate to each other. It embraces judgment, discernment, comprehension. It is a gestalt or oneness, and integrated wholeness.

Stephen R. Covey
I think there’s been a big problem between religion, or organized religion, and spirituality.

Dave Davies

Religion is for people who are scared to go to hell. Spirituality is for people who have already been there.

Bonnie Raitt

Religion can be both good and bad—it is spirituality that counts.

Pat Buckley

Zen does not confuse spirituality with thinking about God while one is peeling potatoes.

Zen spirituality is just to peel the potatoes.

Alan W. Watts

The right answer is seldom as important as the right question.

Kip Thorne

Perhaps the old monks were right when they tried to root love out; perhaps the poets are right when they try to water it. It is a blood-red flower, with the color of sin; but there is always the scent of a god about it.

Olive Schreiner
I know in my heart that man is good. That what is right will always eventually triumph. And there's purpose and worth to each and every life.

Ronald Reagan
What all of these practices have in common, however, is the way in which they integrate different aspects of our human experience – our emotions with our intellect or our minds with our bodies – while also connecting us with others who share similar beliefs. We seek out these experiences, which are special and set us distinctly apart from our mundane and ordinary daily lives. These experiences lift us up out of our narrow selves and give us a glimpse – if only temporary – of another way to view things as a part, however small, of a larger picture. Spiritual and religious practices that help us integrate the body, mind, and spirit, also provide psychological and physical benefits ... Spirituality and religion center around matters of ultimate concern that are of more importance than the health of our physical bodies and our day-to-day well-being.

Ellen Idler
There is nothing that makes its way more directly to the soul than beauty.

Joseph Addison

♥

To rid ourselves of our shadows—who we are—we must step into either total light or total darkness. Goodness and evil.

Jeremy P. Johnson

♥

To love for the sake of being loved is human, but to love for the sake of loving is angelic.

Alphonse de Lamartine

♥

The most important kind of freedom is to be what you really are. You trade in your reality for a role. You give up your ability to feel, and in exchange, put on a mask.

Jim Morrison
The degree of freedom from unwanted thoughts and the degree of concentration on a single thought are the measures to gauge spiritual progress.

Sai Baba of Shirdi
If you purify your soul of attachment to and desire for things, you will understand them spiritually. If you deny your appetite for them, you will enjoy their truth, understanding what is certain in them.

Saint John of the Cross

Any spirituality can be enhanced with the practice or study of yoga.

Christy Turlington

The function of prayer is not to influence God, but rather to change the nature of the one who prays.

Søren Kierkegaard

Silence is the tunnel through which the soul must travel to spin-off dissonance.

Baruch Spinoza

Actuality is when the lighthouse is dark between flashes: it is the instant between the ticks of the watch: it is a void interval slipping forever through time: the rupture between past and future: the gap at the poles of the revolving magnetic field, infinitesimally small but ultimately real. It is the interchronic pause when nothing is happening. It is the void between events.

George Kubler

We can live without religion and meditation, but we cannot survive without human affection.

Dalai Lama
Energy can have two dimensions. One is motivated, going somewhere, a goal somewhere, this moment is only a means and the goal is going to be the dimension of activity, goal oriented—then everything is a means, somehow it has to be done and you have to reach the goal, then you will relax. But for this type of energy the goal never comes because this type of energy goes on changing every present moment into a means for something else, into the future. The goal always remains on the horizon. You go on running, but the distance remains the same.

No, there is another dimension of energy: that dimension is unmotivated celebration. The goal is here, now; the goal is not somewhere else. In fact, you are the goal. In fact there is no other fulfillment than that of this moment—consider the lilies. When you are the goal and when the goal is not in the future, when there is nothing to be achieved, rather you are just celebrating it, then you have already achieved it, it is there. This is relaxation, unmotivated energy.

Osho
Spirituality needs no organization. The best way to practice spirituality is to make it a part of your daily life. Smaller, more intimate groups are preferred to larger congregations. If you are religious, pray. If you are philosophical, contemplate. If you are spiritual, meditate. Many have found involving the body with the mind, such as yoga, tantra, fasting, or other sensual practices, helps enhance the practice.
If a man is to live, he must be all alive, body, soul, mind, heart, spirit.

Thomas Merton
CONCLUSION

Love is what we are born with. Fear is what we learn. The spiritual journey is the unlearning of fear and prejudices and the acceptance of love back in our hearts. Love is the essential reality and our purpose on earth. To be consciously aware of it, to experience love in ourselves and others, is the meaning of life. Meaning does not lie in things. Meaning lies in us.

Marianne Williamson
Love is the answer to all the important questions, and like wisdom, often illogical and un-provable, yet there is no greater truth or reason than love. Love is literal, beyond the figurative and beyond cliché. Love is the ultimate paradox, the biggest secret of the universe, and yet our biggest daily obsession.

Love is beauty, art, pleasure, goodness, and virtue. We should love all love, others and self. We should appreciate love and share it. The best life is one that makes love the priority. Love is the true success.

Love is meaning and purpose. Love is why we exist. Love is life, freedom, supreme, and the reason for everything. Love is our source, our reality, and our destiny.

Love is reality, god, and soul. Love is light, connection, peace, and the way.
Physics isn’t the most important thing. Love is.

Richard Feynman
Do all things with love.

Og Mandino

♥

Be ashamed of your hatred. Give up hatred and be quiet.

Sai Baba of Shirdi

♥

Your daily life is your temple and religion.

Kahlil Gibran

♥

Love is everything. It is the key to life, and its influences are those that move the world.

Ralph Waldo Trine

♥

With our love, we could save the world.

George Harrison

♥

If you want to make the world a better place take a look at yourself and make a change.

Michael Jackson

♥

Man surprised me most about humanity. Because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived.

Dalai Lama
Love is the final end of the world's history, the Amen of the universe.

Novalis Hardenberg

♥

Love and pity and wish well to every soul in the world; dwell in love, and then you dwell in God.

William Law

♥

Those that embrace the entire universe with love, for the most part love nothing, but their narrow selves.

Johann Gottfried Von Herder

♥

To love one person with a private love is poor and miserable: to love all is glorious.

Thomas Traherne

♥

Life has three rules: Paradox, Humor, and Change.

Paradox: Life is a mystery; don't waste your time trying to figure it out.

Humor: Keep a sense of humor, especially about yourself. It is a strength beyond all measure.

Change: Know that nothing ever stays the same.

Dan Millman

♥

Love to me is a feeling, to have universal love you have to always feel love no matter what.

James Dye

♥

It is love alone that gives worth to all things.

Saint Teresa of Avila
Yesterday is history, tomorrow is a mystery, today is a gift of God, which is why we call it the present.

Bil Keane

♥

Don’t fight darkness. Bring the light, and darkness will disappear.

Maharishi Mahesh Yogi

♥

The moment you have in your heart this extraordinary thing called love and feel the depth, the delight, the ecstasy of it, you will discover that for you the world is transform.

Jiddu Krishnamurti

♥

Father, father, father help us. Send some guidance from above ’cause people got me questioning, “Where is the love?”

Black Eyed Peas

♥

To be or not to be, that is the question—
Whether ’tis nobler in the mind to suffer
The slings and arrows of outrageous fortune,
Or to take arms against a sea of troubles,
And by opposing, end them. To die, to sleep—
No more; and by a sleep to say we end
The heart-ache and the thousand natural shocks
That flesh is heir to— ’tis a consummation
Devoutly to be wish’d. To die, to sleep …

William Shakespeare
Since love of God is the highest felicity and happiness of man, his final end and the aim of all his actions, it follows that he alone observes the divine law who is concerned to love God not from fear of punishment nor love of something else, such as pleasure, fame, etc., but from the single fact that he knows God, or that he knows that the knowledge and love of God is the highest good.

Baruch Spinoza

Seven Deadly Sins
Wealth without work
Pleasure without conscience
Science without humanity
Knowledge without character
Politics without principle
Commerce without morality
Worship without sacrifice.

Mahatma Gandhi

For those who believe in God, most of the big questions are answered. But for those of us who can't readily accept the God formula, the big answers don't remain stone-written. We adjust to new conditions and discoveries. We are pliable. Love need not be a command nor faith a dictum. I am my own god. We are here to unlearn the teachings of the church, state, and our educational system. We are here to drink beer. We are here to kill war. We are here to laugh at the odds and live our lives so well that Death will tremble to take us.

Charles Bukowski
Spiritual love has many styles, but each can be shown in terms of peace, awareness, and connection. Sacrifice, grace, and salvation is Christian. Baqaa, fitra, and fana is Islamic Sufi. Sunyata, samadhi, and nirvana is Buddhist. Atma-jnana, sahaja, and moksha is Hindu. Ein sof, gilgul, and keter is Jewish Kabbalah. Te, wu wei, and pu is Tao. Value, wisdom, and reality is philosophical or secular humanistic. In all cases connection is freedom, which of course, is a paradox.
Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it. I am going to use all my energies to develop myself, to expand my heart out to others; to achieve enlightenment for the benefit of all beings. I am going to have kind thoughts towards others, I am not going to get angry or think badly about others. I am going to benefit others as much as I can.

Dalai Lama
From the standpoint of daily life, however, there is one thing we do know: that we are here for the sake of each other—above all for those upon whose smile and well-being our own happiness depends, and also for the countless unknown souls with whose fate we are connected by a bond of sympathy. Many times a day I realize how much my own outer and inner life is built upon the labors of my fellow men, both living and dead, and how earnestly I must exert myself in order to give in return as much as I have received.

Albert Einstein
One universe made up all that is; and one God in it all, and one principle of being, and one law, the reason shared by all thinking creatures, and one truth.

Marcus Aurelius
Love is life. All, everything that I understand, I understand only because I love. Everything is, everything exists, only because I love. Everything is united by it alone. Love is God, and to die means that I, a particle of love, shall return to the general and eternal source.

Leo Tolstoy
If ever there is tomorrow when we're not together ... there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is, even if we're apart ... I'll always be with you.

A. A. Milne
Remember, to spend some time with your loved ones, because they are not going to be around forever. Remember, say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side. Remember, to give a warm hug to the one next to you, because that is the only treasure you can give with your heart and it doesn’t cost a cent. Remember, to say, "I love you" to your partner and your loved ones, but most of all mean it. A kiss and an embrace will mend hurt when it comes from deep inside of you. Remember to hold hands and cherish the moment for someday that person might not be there again. Give time to love, give time to speak! And give time to share the precious thoughts in your mind.

Bob Moorehead
The average human lifespan compared to the age of the universe is the same as comparing a blink of an eye to that human lifespan. Relatively speaking, short and long lifespans are the same. Both are non-existent compared to the infinite that’s ahead.

Furthermore, we cannot change the past, and have no guarantees for the future. We are only in charge of the present. The present is nothing—and it is everything.

The present is for love. It is as simple as that. Have faith in Love. ♥