

CAROL IDE - CURRENT LIST OF MEDS AND SUPPLEMENTS (19 Mar 2012)

STAGE II/III CHRONIC KIDNEY DISEASE (estimated GFR's usually in 40's; very labile)

IV CONTRAST

NB: possible though delayed reaction to IV contrast—serum creatinine 1.4 (3 Nov 11), CTA (8 Nov), serum creatinine 2.6 (15 Nov)
Before scheduled CT with IV contrast: hold Lasix one day; increase p.o. fluids; call Dr Marple for Acetylcysteine

ALLERGIES

Biaxin (clarithromycin) (tongue swelled and turned brown) therefore no macrolide or ketolide antibiotics]
sulfanamide antibiotics (urticaria)
citrus (hives)

OTHER MEDICINES DISCONTINUED BECAUSE OF PROBLEMS

Altace (Ramipril) (edema, acute renal failure)
Amantadine (Symadine, Symmetrel) (sudden bilateral blurred vision)
Avandamet (rosiglitazone-metformin) (edema, weight gain)
Clopidogrel (Plavix) (hematuria)
Ibuprofen (renal insufficiency)
Lyrica (pregabalin) (difficulty concentrating/paying attention)
Nitroglycerin (one s.l. ntg reduced her blood pressure from 130's systolic to ca 70 in Jan 2008—suspected cardiac amyloid deposits)
Nortriptyline (difficulty waking, hyperglycemia)
Revlimid (lenalidomide) (at 25 mg and at 10 mg resulted in diarrhea, constipation, and hypotension)
Zaroxolyn (metolazone) (when added to Lasix twice resulted in hypotension and presyncope; taken in hospital Dec 11 with albumin with no problems)

MEDICINES DISCONTINUED BECAUSE OF CONDITIONS NO LONGER PRESENT

Aspirin (Plavix; ischemic stroke converted to hemorrhagic when on Plavix + ASA; restarted o/a/o hematuria on Plavix)
Lipitor (Atorvastatin) (fluconazole—competitive inhibition of CYP3A4—last took 3 August 2011)
Prilosec (omeprazole) (Plavix—now resumed because off Plavix)

TIMING OF SCHEDULED MEDS

(see next page for a list of all meds, including prn meds)

BREAKFAST (ca 0800) (12 p.o.)

Gabapentin 300 mg, 1 cap p.o.
Cymbalta 60 mg, 1 cap p.o.
Fludrocortisone 0.1 mg, 1 tab p.o.
Hydrocortisone 20 mg, 1 tab p.o.
Furosemide 40 mg, 1 tab p.o.
Aspirin, 325 mg, 1 tab p.o.
Carvedilol 1.5625 mg [$\frac{1}{2}$ 3.125-mg tablet, p.o.]
Potassium Cl 20 meq [2 10-meq capsules, p.o.]
Culturelle 1 cap
Omega-Rx [2 softgels, p.o.]
Patanase 2 sprays/nostril
Humalog as below

LUNCH (ca 1200)

Humalog as below

MIDDAY (ca 1500) (7 or 8 p.o.)

Gabapentin 300 mg, 1 cap p.o.
Hydrocortisone 10 mg [$\frac{1}{2}$ 20-mg tablet, p.o.]
antacid, 1 tab p.o.
Potassium Cl 20 meq [2 10-meq caps, p.o.]
Furosemide, 40 mg, 1 tab p.o.
Tramadol, 50 mg, 1 tab p.o.
Ergocalciferol 50,000 IU, 1 cap Mon and Fri; MWF every 3rd week
last MWF week of 12 Mar; next week of 2 Apr

EARLY EVENING (ca 1700) (6 p.o.)

Omeprazole, 20 mg, 1 tab p.o.
Singulair 10 mg, 1 tab p.o.
Allopurinol 100 mg, 1 tab p.o.
Crestor 40 mg, 1 tab p.o.
Omega-Rx [2 softgels, p.o.]
Humalog as below

NIGHT (ca 2100) (7 p.o.)

Carvedilol 1.5625 mg [$\frac{1}{2}$ 3.125-mg tablet, p.o.]
Gabapentin 600 mg [2 300-mg capsules, p.o.]
Potassium Cl 20 meq [2 10-meq capsules, p.o.]
multivitamin, 1 tab p.o.
Tramadol 50 mg, 1 tab p.o.
Patanase 2 sprays/nostril

ALL CURRENT MEDICINES AND SUPPLEMENTS

Hydrocortisone (Cortef) 20 mg. 1 tab ca 0800, 1/2 tab 1400 p.o. double for infection or stress; triple for fever NB: adrenal crisis December 2011 (no infection)	primary adrenal insufficiency
Fludrocortisone (Florinef) 0.1 mg, 1 tab q.d. p.o.	primary adrenal insufficiency
Humalog (insulin lispro) U-100 s.q. 98 before morning meal, 49 U before mid-day meal, 40 U before evening meal plus sliding scale: (blood glucose - 120) / 12	type II diabetes mellitus
Glucagon (for emergency use), 1 mg, s.q.	prn for hypoglycemia EXPIRES 2/2013
Freestyle test strips	type II DM [check a.c. h.s.; if <150 h.s., have snack]
Freestyle control solution	ORDER FOR 24 March 2012
syringes, 31g, 8mm, 1.0 ml	type II DM
Ergocalciferol 50,000 IU. 1 cap MF; MWF every 3rd week	hypovitaminosis-D
Singulair (Montelukast) 10 mg. 1 tab q.d. p.o.	pruritis on discontinuing Ibuprofen
Allopurinol (Zyloprim) 100 mg 1 tab q.d. p.o.	hyperuricemia secondary to Castleman's lymphadenopathy
Gabapentin (Neurontin) 300 mg, ca 0800 (1 cap), 1400 (1 cap), and hs (2 caps), p.o.	peripheral neuropathy
Cymbalta (duloxetine HCl) 60 mg. 1 cap q.d. p.o.	peripheral neuropathy
Tramadol 50 mg 1 tab q.6-8 hrs. prn	pain [started 16 March 2011; using scheduled h.s.; added scheduled ca 1400 on 7 Nov o/a/o increased pain]
Acetaminophen 325 mg 1-2 tabs q.4-6 hrs	prn for pain, fever [using occasionally]
Furosemide (Lasix) 40 mg. 1 b.i.d. p.o.	edema (pulmonary edema when holding April 2009)
Potassium CL 10 meq. 2 caps t.i.d. p.o.	Furosemide use
Carvedilol (coreg) 3.125 mg. ½ tab b.i.d. p.o. HOLD if HR < 60 or SBP < 90	hypertension, apical ballooning, pulmonary htn (possible generalized hyperhidrosis on holding after CVA) (apical ballooning on holding Toprol XL Apr 03)
Amoxicillin 500 mg. 4 tabs p.o.	prn for endocarditis prophylaxis
Crestor (rosuvastatin) 40 mg 1 tab q.d. p.o.	hyperlipidemia
OmegaRX (fish oil) 2 caps b.i.d. p.o. [gelcaps have 1600 mg EPA + 800 mg DHA each]	hyperlipidemia
Aranesp, 200 mcg, s.q., every 2 weeks (last 30 Jan)	anemia (MDS)
aspirin, 325 mg, 1 tab q.d. p.o.	CVA, LAD lesion
omeprazole (Prilosec) 20 mg. 1 tab q.d. p.o.	Aspirin use [to prevent upper GI bleeds]
Culturelle 1 capsule p.o. q.d.	gastrointestinal health
Miralax powder 17 g	prn for constipation [using rarely]
milk of magnesia	prn for constipation [using rarely]
Imodium	prn for diarrhea [using rarely]
ondansetron (Zofran) 8 mg, 1 tab p.o. q.8 hrs	prn for nausea (chemotherapy) [using frequently]
Eucerin, topical	prn for xerosis [using on groin b.i.d.]
Lubriderm, topical	prn for xerosis [using on calves and feet b.i.d.]
Critic-aid [petrolatum], topical	apply prn to groin folds [using b.i.d.]
GC MI paste plus	apply prn for dry mouth [using frequently]
A&D, topical	prn for rectal pain [using rarely]
saline [NeilMed sinus rinse]	irrigate paranasal sinuses b.i.d.
Patanase (olopatadine hydrochloride) 2 sprays per nostril b.i.d.	dry nose
Ayr (saline nasal gel) apply to nostrils h.s.	dry nose
Neosporin - apply to nares	prn for dry nose [using rarely]
Refresh Optive 1-2 drops per eye	prn for dry eyes [using occasionally]
antacid tablets 1 tab q.d. p.o. [each has 550 mg calcium and 110 mg magnesium; multivitamin has 500 mg calcium; also has 2 slices of cheese (ca 370 mg each, and 400-500 cc milk (ca 520 mg Ca) for a total of ca 2310 mg Ca daily]	episodic hand cramps, low ionized Ca
multivitamin (Bayer One-a-day women's) 1 tab q.d. p.o.	general health

MOST RECENT CHANGES

2 Dec: hold Plavix [in-patient at East. hematuria]
2 Dec: add Lovenox s.q., Colace b.i.d., hold Fish Oil [not available] [inpatient at East]
4 Dec: add Altace 2.5 mg q.d. p.o. [inpatient at East, Dr Tran, nephrotic syndrome]
4 Dec: increase KCl to 20 meq t.i.d. [inpatient at East, Dr Tran, hypokalemia]
4 Dec: add ASA 325 mg [inpatient at East; Dr Exum]
5 Dec: Zaroxylyn 5 mg po x 1; Lasix 80 mg iv x 2 (push after albumin); Albumin 25% 25 g=100 ml x 2 iv, KCl 30 meq tid [Marple, edema]
6 Dec: Zaroxylyn 5 mg po x 1; Lasix 80 mg iv x 2 (push after albumin); Albumin 25% 25 g=100 ml x 2 iv, KCl 40 meq tid [Marple, edema]
6 Dec: hold Lovenox, ASA [plt 58 previous day, trend down, no CBC today]
7 Dec: increase Lasix to 80 mg in AM and 40 mg in afternoon [Marple, nephrotic syndrome]
7 Dec: increase Potassium to 20 m.e.q. t.i.d. [Marple, increased Lasix]
10-16 Dec: hospitalized at East; many changes while in hospital
14 Dec hs-17 Dec midday: h/c at 20 t.i.d. then reduce to 20 + 10 [Nafach]
16 Dec: d/c Altace [Marple, hypotension]
16 Dec: d/c Humulin-N [Nafach]
16 Dec: change Humalog to 85, 50, 45, with sliding scale (BG-120)/12 [Nafach]
16 Dec: hold ASA (plt in 50's) [Madathil]
16 Dec: K 20 meq t.i.d. [Marple]
16 Dec: Lasix 40 mg b.i.d. [Marple]
23 Dec: switch Lasix from evening meal to mid-afternoon; switch mid-afternoon meds from 1400 to 1500
29 Dec: resume ASA (plt=80) (Peterson)
3 Jan 2012: increase base Humalog to 8, 52, 47 [hyperglycemia]
4 Jan: increase base Humalog to 90, 55, 50 [hyperglycemia]
5 Jan: increase base Humalog to 95, 60, 55 [hyperglycemia]
7 Jan: increase base Humalog to 100, 65, 60 [hyperglycemia]
11 Jan: increase base Humalog to 110, 70, 65 [hyperglycemia]
13 Jan: hold ASA after significant epistaxis [Amanda]
15 Jan: increase base Humalog to 112, 72, 67 [hyperglycemia]
17 Jan: okay to return to Omeprazole since Plavix d/c'ed [Walgreen's pharmacist]
20 Jan: increase hydrocortisone to 30 mg t.i.d. [Nafach per Hulbut]
20 Jan: apply Ayr (saline nasal gel) to nostrils [Hurlbut]
23 Jan: reduce base Humalog to 112, 70, 63
30 Jan: reduce base Humalog to 112, 70, 61
30 Jan: add Aranesp (Darbepoetin alfa) 200 mcg sq every 2 weeks [Peterson]
30 Jan: Aranesp 200 mcg sq (Peterson)
30 Jan: Ergocalciferol 3x in the week
31 Jan: reduce base Humalog to 112, 66, 61
4 Feb: reduce hydrocortisone to 20 mg t.i.d. [Nafach]
10 Feb: replace Humalog with Novolog [Nafach--insurance company changed formulary]
11 Feb: reduce hydrocortisone to 10 mg i.i.d. [Nafach]
13 Feb: Aranesp 200 mcg sq (Peterson)
13 Feb: do not hold ASA after epistaxis (Peterson)
13 Feb: Augmentin 875/125 b.i.d. x 10 days (low-grade fever, sinus sx) (Peterson)
15 Feb: double HC x 10 days (through 22 Feb)
19 Feb: Ergocalciferol 3x in the week
22 Feb: reduced Humalog to 110, 61, 55 (hypoglycemia)
23 Feb: apply Neosporin to left nares (Rapp)
25 Feb: reduce Humalog to 105, 53, 45 (hypoglycemia)
26 Feb: reduce Humalog to 98, 53, 45 (hypoglycemia)
27 Feb: reduce Humalog to 98, 50, 42 (hypoglycemia)
27 Feb: increase Aranesp to 300 mcg s.q. every 2 weeks (Sherry)
27 Feb: add Colase, Miralax (Sherry)
3 Mar: reduce base Humalog to 96, 48, 40 [hypoglycemia]
3 Mar: d/c Pantoprazole; add Omeprazole 20 mg [off Plavix; no need to continue Protonix]
7 Mar: reduce base Humalog to 94, 45, 38 [hypoglycemia]
12 Mar: Aranesp 300 mcg sq [given at East Specialty Clinics]
18 Mar: increase base Humalog to 96, 47, 40 [hyperglycemia]
19 Mar: increase base Humalog to 98, 49, 42 [hyperglycemia]
20 Mar: decrease base Humalog to 98, 49, 40 [hyperglycemia]
23 Mar: add Augmentin 875 mg b.i.d. x 10 days [pus under crusts in sinuses] (Rapp)
24 Mar: hold ASA x 5 days [persistent epistaxis; s/p packing with surgicel] (Cederburg)
[while in East just listed added meds, not changes in doses or meds temporarily held]
25 Mar: add Keppra 500 mg x 1 day [possible seizures] (Exxum)

26 Mar: add Synthroid 25 mcg (Exxum)
29 Mar: d/c ASA 325; add ASA 81 mg (Kulkarni, Amanda)
29 Mar: valium 5 mg, Norco 5/325 x 1 (bone marrow)
29 Mar: albuterol by nebulizer
30 Mar: d/c albuterol, add Xopenex b.i.d. and Brovana q.i.d.
31 Mar: add Synthroid 50 mcg q.d. (Kulkarni)
31 Mar: add Aldactone (spironolactone) 50 mg b.i.d. (Spry, anasarca)
31 Mar: add Mycelex 10 mg, 5 x per day, (Rapp, oral thrush)