OF THE TEETH.

Suggestions for Keeping in Good Condition.

son in 500 cleans his teeth machine crosswise does not rticles of food which lodge eeth; the motion, to be ef- d be up and down, and e better than a hundred A dentist of large prac- palm for well-kept den- "Women use brushes use picks." If the habit mastication of the foods no dentifrices would be use that keeps the teeth front teeth are used more e others; they are also al- nest in the set. Hence y of eating on both sides so as to keep all the ce. Bad teeth are the re- dered stomach, the gases alnutrition and indiges- decay. Dental surgeons ns physicians always ad- attention to the teeth ness or during the case if equal to it. Castile soap any dentifrice and much cheap powder. People proper regard for their teeth a particle of medicine chemicals and druggists' ould be taken from a ; mineral waters, lem- ades and sour drinks, if ough a straw should be quantities. The follow- care of the teeth and eminently successful tal surgeon: To begin tist and have your mouth y condition.

h night and morning with nd tepid water. Brush m the gums toward cut- Rinse the mouth after each l pick if necessary; waxed referable. If compelled to dicinally, use a glass tube a weak solution of soda. g nuts, biting thread, etc., with the teeth. If cial plate, leave it out at cause after each meal. aps and fancy dentifrices; hich your dentist does not For sore or loose gums, three times a day with spoonful to half a glass sult a dentist at least ha; prevention is not only re, it is less difficult, pensive.

Stylish Umbrella.

carrying; one of the big, so common, some of the stylish young men now carry a handsome and useful umbrella. This fashion is thoroughly English, as the uncertain weather in London causes the umbrella to be almost as needful an article to a man as a parasol to a woman in this country. A really stylish umbrella must be of good, serviceable size, and covered with the best of silk. No bronze or silver ornaments are tolerated, but be handsomely carved dog's head is a favorite hint to the ladies; it may handsome umbrella appropriate present to a n it is desired to favor ntition.

With Exquisite Skin.

t on retiring," said the ite skin, "I splash my with tepid water, soft- dful of oatmeal. When morning I bathe the face and rub it five minutes of soft white flannel— use sufficient friction to taking care not to rub produce roughness or a tion.

my face gets unmistak- two or three times a week roughly in a pint of very which has been added a of powdered borax and a lcohol.

hese local applications, I exerciser. The open air, and intelligent diet after or the complexion than all under the sun.

Idea of a Drunkard.

fore Botkin, of Hutchin- he latter-day apostle of says the St. Louis Re- nded his course of lec- of the crusade in Jersey- er night, and afterward

ancing no new doctrines am calling the attention thropic to the waste of energy along some of the rance work: I claim:

t inebriety is a disease. hat it should be treated mal and not from a strict ent.

at the drunkard needs and not the policeman; and not the jail; the re- ool, not the penitentiary or workhouse.

"Fourth, No officer of the law should be permitted to strike or abuse a drunkard. He who is made drunk under our system of 'regulating the liquor traffic,' where the distilled spirits are branded under the supervision of the Government and sold under Federal, State and municipal licenses, should be protected by the strong arm and sworn by the charity of the State, for he is but the legitimate product of this system."

FASHION NOTES.

Peach color is a favorite shade in Paris and London.

Flowered ribbons will be in high vogue for two seasons to come.

Crepons, plain and in all the fancy weaves imaginable, will be great favorites this spring.

Mohairs and plain and fancy poplins show largely among the utility and semi-dress materials for spring and summer.

Black fabrics are to have greater favor for months to come than they have enjoyed for several years, so affirm importers and ladies' tailors.

Iridescent passementerie, lace insertion, and more particularly elegant trimmings of jetted velvet ribbon formed into rosettes and loops, will be extensively used to decorate crepons and delicate silks for demi-dress wear.

Shepherd's check textiles will be even more in vogue than during the year past, which is saying a great deal. They will be found in both simple and dressy fabrics, in 30, 40 and 50-inch widths and range in price from forty-five cents to $1.50 a yard. They will be about equally used for entire suits and in combination.

Taffetas will remain decided favorites for spring and summer wear. They appear in shot and watered grounds, in stripes, splinter patterns, and in Chine effects, but the most beautiful of all are the Watteau patterns, showing tiny flower sprays, garlands and vines and buds scattered over soft, lovely grounds of neutral tint, or pale dyes in reseda green, pink, cell blue, etc.

"Golf costume cloth" is a new fabric to be used both for gowns and capes. These have a genuine Highland accent and show beautiful color blendings on the sample cards. Domestic silks, in excellent qualities, will be sold for linings and accessories. These will no doubt find a ready sale, for, while not expensive, they closely resemble high cost tartans.

Shot silks will be in vogue during the spring and summer, and appear in novel and unique color schemes. Some of these textiles show glints of rose, yellow and blue, under a lustrous surface of black which is sometimes striped with a satin line the shade of the warp, and sometimes dotted. These will be greatly used for fancy waists to wear with black skirts of every dressy description.

The Original Blowout.

"You have often heard the expression 'We had a great blowout last night,' used in connection with a dance or some sort of amusement," said a gentleman recently. "Do you know the origin of the word 'blowout?' No? Well, I'll tell you of it. Away back in the '30s the cotton mills at Lowell, Mass., were furnished with operatives from the families of the farmers living about the town. The sons and daughters of the sturdy farmers held positions in the mills, and coming from such good old stock there was a sort of social spirit developed among the employees which is not found in factories in these days. From the factories of Lowell some prominent people have come. Helen Hunt Jackson was employed there at one time.

"The hours were long, and in winter time lamps had to be provided to give light to the workers. It was before the days of kerosene, or, as they used to pronounce it when it did come out, 'kerosen,' with the accent on the 'o.' Whale oil lamps were burned. They were lighted on November 1 regularly every year, and their use was dispensed with on May 1. It was the operation on this latter date that originated the word 'blowout.' When the bell sounded on this day to quit work, all lamps were blown out simultaneously, not to be lighted again until November. This was called the 'blowout,' and after this a dance or supper would be given, which at first was called the 'blowout dance,' or 'blowout supper,' until finally any festivity attending the extinguishing of the lamps for the year was called 'the blowout.' So the word 'blowout' was originated."—Pittsburg Dispatch.

Hints About Glasses.

Persons finding their eyes becoming dry and itching on reading, as well as those who find it necessary to place an object nearer than fourteen inches from their faces to read, need spectacles. Persons under forty years of age should not wear glasses until the accommodating power of the eyes has been supended and the exact state of refraction determined by a competent ophthalmic surgeon. The spectacle glasses sold by peddlers and by jewelers generally are hurtful to the eyes of those who read much, as the lenses are made of inferior sheet glass and not systematically ground. No matter how perfectly the lenses may be made, unless they are mounted in a suitable frame and properly placed before the eye, discomfort will arise from their prolonged use. Persons holding objects too near the face endanger the safety of their eyes, and incur the risk of becoming near sighted. The near sighted eye is an unsound eye, and should be fully corrected with a glass, notwithstanding the fact it may need no aid for reading. The proper time to begin wearing glasses is just as soon as the eyes tire on being subjected to prolonged use.

Caresses for the Bonnet.

When the Frenchwoman takes on her bonnet, she does not bundle it at once into a band box or throw it hastily on a shelf or hang it up on a peg. Not she. Every little loop or bow is pulled out and put into shape, strings are gently caressed into smoothness, jets and aigrettes are straightened and fastened into position and the bonnet receives the touch of the brush to remove the dust, and then it is laid between two folds of tissue paper and is ready for the next appearance, as fresh and new, to all intent, as when it left the milliner's hand.

A Test of Christianity.

"If you wish to know whether you are a Christian inquire of yourself whether, in and for the love of God, you seek to make happy those about you by smiles and pleasant sayings. Are you a comfortable person to live with? Are you pleasant to have about?"—Gail Hamilton.

FACTS FOR OUR READERS

FOLLOW NATURE AND KEEP WELL, A GOOD RULE.

THE QUESTION IS IMPORTANT, ARE YOU PREPARED FOR SPRING?

If Not, Here is Some Very Necessary Information for You.

Nature will soon begin her annual struggle for freedom from winter's icy imprisonment. Already beneath the frozen surface, giant forces are moving in that direction. Purification is going on.

It is the same with the human system. The lengthening days are approaching when the blood seeks to recover from its sluggish inactivity, and it bears in its course germs of health or disease, as it has stored up the one or the other. It requires therefore to be enriched with vitalizing and health giving qualities to give tone, vigor and health to the system.

For this needed and beneficial service nothing is so powerful as Dr. Greene's Nervura blood and nerve remedy. Like Nature's own wondrous remedies in the physical world, which purify the mountains and streams as they leap from their confines to fill the valleys with new life, and cover orchard and field with flower and fruit, it brings new force and health to wasted tissues and enfeebled nerves.

Now is the time when your nature calls for help. Don't mistake; no other remedy equals Dr. Greene's Nervura blood and nerve remedy as a spring medicine. No other remedy will so quickly and certainly strengthen your nerves, invigorate your blood, and correct the action of all your organs. It will make you well and strong as it has done thousands of persons; as it did Mrs. W. A. Cutler, of 59 Orchard St., Worcester, Mass.

"A year ago," she says, "I fell ill with nervous prostration and neuralgia, which affected my whole system. My digestion was also very poor. After eating I would be taken with a smothering sensation, while the palpitation of the heart was terrible.

"Severe nervous headaches made my life miserable in connection with these other troubles. I was in a fearful condition, and became greatly discouraged. I consulted physicians and treated with them, but with no benefit. Nothing I took did me any good.

"Finally as a last resource, I commenced to use Dr. Greene's Nervura blood and nerve remedy, which had been wonderfully praised to me. With the first bottle I noticed an improvement, and persevering in its use, I continued to steadily gain in every respect.

"My nervousness was soon cured. The neuralgia, headaches, palpitation of the heart, indigestion and all my complaints entirely left me. All this was accomplished by Dr. Greene's Nervura blood and nerve remedy.

"This wonderful medicine did for me what all the doctors and their medicines could not do. I wish to urge all sufferers to try it."

No power of words can describe the wonderful good which this remedy is doing among the sick and suffering. Thousands of people, at the advent of spring, while not exactly sick, are yet out of order or ailing in some way. They do not feel just right, are not well and strong, cannot eat or sleep well, are nervous, and have no strength or ambition for work or pleasure. Their stomach, bowels, liver or kidneys are inactive and torpid. Such people need this best of all spring medicines, Dr. Greene's Nervura blood and nerve remedy, to restore the natural action of these organs, give strength and vigor to the nerves, and new life and vitality to the blood.

Why lose time in trying uncertain and untried remedies, when here is a physician's prescription, a discovery made by the greatest living specialist in curing nervous and chronic diseases, Dr. Greene, of 35 West 14th St., New York City. If you take this medicine, you can consider yourself under Dr. Greene's direct professional care, and you can consult him or write to him about your case freely and without charge. This is a guarantee that this medicine will cure, possessed by no other medicine in the world.

He Came Out Ahead.

"I bin bettin' on hoss races for some time now," said the man with the yellow diamonds, reflectively, "an' I began to think there's nuttin' in it. I tried 'em all ways, trottin', runnin', pacin', walkin' and every other way, an' I notice that I allays get it in the neck before the game's over. Now I kin play a game of cards an' think I bin gittin' somethin' like an even break for my money, but when I goes up agin a hoss I just nachertilly think I'm givin' the man what I'm bettin' with lots of odds. I figgered out a scheme to make hoss races even breaks. The only thing to do is to make every race a two-hoss affair an' handicap 'em so's near even as possible. Then it's a case of win or git beat, an' you kin back your judgment at even money an' win or lose an' be glad of it. But as for beatin' hosses the way they's run now, they ain't no such thing."

"Huh," said the man with the velvet vest, "w'en I was down t' N' York this winter I run across a man who's played at Guttenburg every day it's bin open an' come out ahead every day, too."

"That ain't possible," said the man with the yellow diamonds, oracularly.

"Bet you a bottle," said the man with the velvet vest, sharply.

"Go you," said the man with the yellow diamonds. "Now, as I understan' it your frien' has played at Guttenburg every day an' always made money. 'M I right?"

"You are."

"How'd that come? Play a system?"

"Nop," said the man with the velvet vest, smiling cruelly, "he played the big horn in the band an' never made a bet. Was his wages ahead, see?"

And the man with the yellow diamonds bought the bottle without a word.

Above the Average.

Hadbroke—Cheer up, old fel'. There's hope for us yet. Listen to this advertisement: "Wanted, young man of average intelligence——"

Debroke—There it goes again! Hampered at every turn!—Puck.

THE BABIES.

How Two Mothers Prattled Each Other About Their Prodigies.

Mrs. Darley (meeting Mrs. McBride on the sidewalk)—Oh, Belle, is that really you? I've been wanting to see you for the longest time.

Mrs. McBride — Yes, it's me, love. Where have you been keeping yourself?

Mrs. Darley—Where have you been keeping yourself, you mean? But I must tell you about my baby. She's the sweetest——

Mrs. McBride—Oh, it's a girl, is it? Now, my little brown-eyed boy is just too sweet for——

Mrs. Darley—Yes, I know he must be. My darling little Clara is——

Mrs. McBride—Oh, you've named her Clara, have you—after you? How nice! We've named our seraph Henry, after his papa. Mother was just determined he should be named after his grandpa, but Harry insisted that——

Mrs. Darley—Of course! I think papas should have the naming of the boys and mammas the girls. I think Clara is a real sweet name, if it is my own, and Frank said there couldn't be a better——

Mrs. McBride—Oh, yes; I stopped to tell you that my little Harry has cut a tooth, and——

Mrs. Darley—Has he? Only one? Why, my Clara cut her second last——

Mrs. McBride—But then Clara is a month older than——

Mrs. Darley—Indeed she isn't. She was born just two days after——

Mrs. McBride—Oh, well, it doesn't matter. But you just ought to hear my precious little angel say "Goo" when I——

Mrs. Darley—I think my Clara is awfully quick about learning to speak. Only yesterday she held out her dear little hands and said——

Mrs. McBride—That's just like my little Harry! When he sees me coming he——

Mrs. Darley—Then Clara has the most winsome little smile you ever——

Mrs. McBride—And you hardly ever hear a cry from Harry from morning till——

Mrs. Darley—Clara's blue eyes are the most bewitching little——

Mrs. McBride—You ought to see how naturally Harry's hair curls and——

Mrs. Darley —We haven't had the least trouble with Clara at nights. She sleeps——

Mrs. McBride—Harry's papa doesn't know what it is to walk the floor like some——

Mrs. Darley (signalling a car to stop) —I really must tear myself away now, for I've been away from Clara a whole hour.

Mrs. McBride—I must be hurrying home, too. Harry will be needing me. But I'm so glad I met you. You must be sure to come and see me.

Mrs. Darley—I will, and don't forget to come to see me.

(They kiss and Mrs. Darley steps upon the car.)

Mrs. McBride (as she walks hurriedly away)—Before I'd be as egotistical about a baby as Nettie Darley is! She just wanted to talk about it all the time.

Mrs. Darley (as the car carries her off)—One would think, from the way Belle McBride talks, that there never was a baby born in the world but hers. I'd hate to be wrapped up in anything as she is in that child of hers.—Judge.

Brothers United After 37 Years.

One of the most interesting cases where the extremely unlikely happened was recorded by T. K. Stateler, general agent of the Northern Pacific passenger department at San Francisco, at the office of General Passenger Agent Fee. Thirty-seven years ago he and his brother parted, became lost in the shuffle during the war, and until a few days ago each thought the other dead. Both brothers lived in Minnesota since the war, until four years ago, when T. K. Stateler accepted his present position in San Francisco. The sad feature of the affair is that when he heard of his brother from a friend a few days ago it was to learn that he was dying. Immediately he hastened to Minnesota, and when in the city was en route to Clarissa, where his brother lies.

"There were three brothers of us," he said, "Martin V. being the eldest. I was the next and my brother Erastus was the younger. My younger brother enlisted in 1861 in the Fourth Missouri Infantry. My brother Martin enlisted in 1863 in the One Hundred and Thirteenth Illinois Infantry. My youngest brother served until February or March, 1862, when he died at St. Joseph, Mo. I found him just after my enlistment, which was February 2, 1862, just in time to bury him.

"At the time of my enlistment I was in correspondence with my elder brother, who had gone East in 1857. Such correspondence was continued until his enlistment and capture, which occurred some time in the latter part of 1863. After his capture our correspondence ceased. I never heard from him from that time until the early part of this January. He lies now very sick with the dropsy at Clarissa. The very peculiar part of it is the fact that he lived in Minnesota from 1870 up to the present time, and I from 1866 to 1888, at which time I left for San Francisco."—St. Paul Pioneer Press.

The Original Maine Telephone.

The Norway Advertiser unearths the claim that one Freeman B. Andrews, a young genius of the town of Oxford, had a telephone line in successful operation twenty years before the invention was heralded by Prof. Bell. He and his brother, so the story goes, stretched a wire across a part of their father's farm, and, placing the ends between their teeth, could communicate with each other. "When used in this manner, especially if the ears are stopped so as to exclude external sounds, the mouth and the organs of speech and of hearing form an almost ideal transmitter and receiver of sound vibration," says the local historian. But old Rodfish, the noted Somerset lumberman of long ago, could make himself heard three miles away with nothing between his teeth but a chew of tobacco. He really was the original Maine telephone. -- Lewiston (Me.) Journal.

Wine from Oranges.

Grape and orange-growers near Tallahassee, Fla., have decided to enter upon the manufacture of wine from grapes and oranges on a large scale, developing an extensive market at home for the products of the groves and vineyards.

Health All Gone

Unequal to Family Duties--No Appetite

Hood's Sarsaparilla Gave Strength and Courage to Work.

"I was in such condition I could not walk, even about the house to attend to household duties and care for my children and family. I did not have the strength of a child. I was treated by several physicians, who pronounced my trouble Scrofula and Female Weakness. I could eat only a slice of bread and drink a cup of tea, three times a day. Sometimes I could stand a soft boiled egg for dinner. I became reduced to skin and bones, at last they had to draw me about the house seated in a rocking chair. I was in a terrible state when my husband, having noticed advertisements of Hood's Sarsaparilla, urged upon me to give it a trial. After taking one bottle I received sufficient benefit to know that I had at last found the right medicine. I have now taken several bottles and am able to

Mrs. John Hase
Oran, N. Y.

Attend My Housework.

In fact, I am on my feet about all day, and can go up stairs easily. I cannot say enough in praise of Hood's Sarsaparilla."
MRS. JOHN HASE, Box 92, Oran, N. Y.

Hood's Sarsaparilla Cures

Hood's Pills act harmoniously with Hood's Sarsaparilla. 25c.

YOU SAVE 50%

IF YOU BUY A HIGH GRADE

Oxford Wheel

For men, women or boys at prices ranging from $15 to $80. We ship from factory subject to approval and are the only manufacturers selling direct to Consumers. We have no Agents. We offer greater value in our Oxford Gladiator wheels at $60 to $80 than other manufacturers with prices from $100 to $150. Every wheel fully warranted. Don't pay local dealers a profit of Fifty per cent. Cut this out and write to-day for our handsome catalogue. Address,

OXFORD MFG. CO. Bicycle Department B 110, 342 to 350 Wabash Ave., CHICAGO.

RAZORS

Shears,
Strops,
Combs,
Soaps,
Cosmetics,
Pomades.

FACE CREAMS.

A large assorted stock equal to if not superior to any in the market.

W. F. Daly & Co.,
232 BLEECKER ST.,
(BLUE FRONT.)
Long Distance Phone 729, Utica, N. Y.

FOR

Choice Beef,
Lamb,
Fresh and Salt Pork,
Hams and
Fresh Fish,
GO TO
The Parlor Market
—IN THE—
BERRILL BLOCK,
C. L. KING,
PROPRIETOR.

JAPANESE PILE CURE

A New and Complete Treatment, consisting of SUPPOSITORIES, Capsules of Ointment, and the Horse of Ointment. A never failing Cure for Piles of every nature and degree. It makes an operation with the knife or injections of carbolic acid, which are painful and seldom a permanent cure, and often result in death, unnecessary. Why endure this terrible disease? We guarantee 6 boxes to cure any case. You only pay for benefits received. $1 a box, 6 for $5. Sent by mail.

JAPANESE PILE OINTMENT, 25c. a Box.

CONSTIPATION Cured. Piles Prevented, by Japanese Liver Pellets the great LIVER and STOMACH REGULATOR and BLOOD PURIFIER. Small, mild and pleasant to take, especially adapted for children's use. 50 Doses 25 cents.

E. G. Brown, Sole Agent, Waterville, N. Y.

WILLIAM S GRUBB,
HOPS,
115 Dearborn St., Chicago, Ill

B
A
B
Y
GOODS.
CUTTER'S, 189 Genesee St., Utica.

Munyon's Remedies

For Sale at

Bissell's Pharmacy

1895 DIARIES.

In Combination!!
By Special Arrangement!!!

THIS JOURNAL with the Greatest of the Magazines,

The Cosmopolitan,

Which was the Most Widely Circulated Illustrated Monthly Magazine in the World during 1894.

AT A MERELY NOMINAL PRICE.

NO HOME is complete without the local paper and one of the great illustrated monthlies representing the thought and talent of the world. During one year the ablest authors, the cleverest artists, give you in THE COSMOPOLITAN 1536 pages, with over 1200 illustrations.

And you can have all this, both your local paper and THE COSMOPOLITAN, for only $2.75 a year—much less than you formerly paid for THE COSMOPOLITAN alone, when it was not so good a magazine as now.

THE COSMOPOLITAN'S NEW HOME.

DON'T FAIL

IF YOU WANT a Suit, Overcoat or Ulster to come to us. The remainder of our winter stock will be sold because we manufacture our own goods and ask less money for them than any other dealers can afford to.

IRVING H. HOWE & CO.,
MAKERS OF HIGH GRADE CLOTHING.
34 and 36 Genesee Street, Utica, N. Y.

XMAS HEADQUARTERS

FOR

Dolls, Silk Goods,
Toys, Silver Novelties,
Games, Celluloid Goods,
Fancy Crockery.

FRUITS, NUTS AND GENERAL PRESENTS FOR THE HOLIDAYS.

Come and Inspect
Never so Large a Stock to Select from as Now.

C. R. NASH.